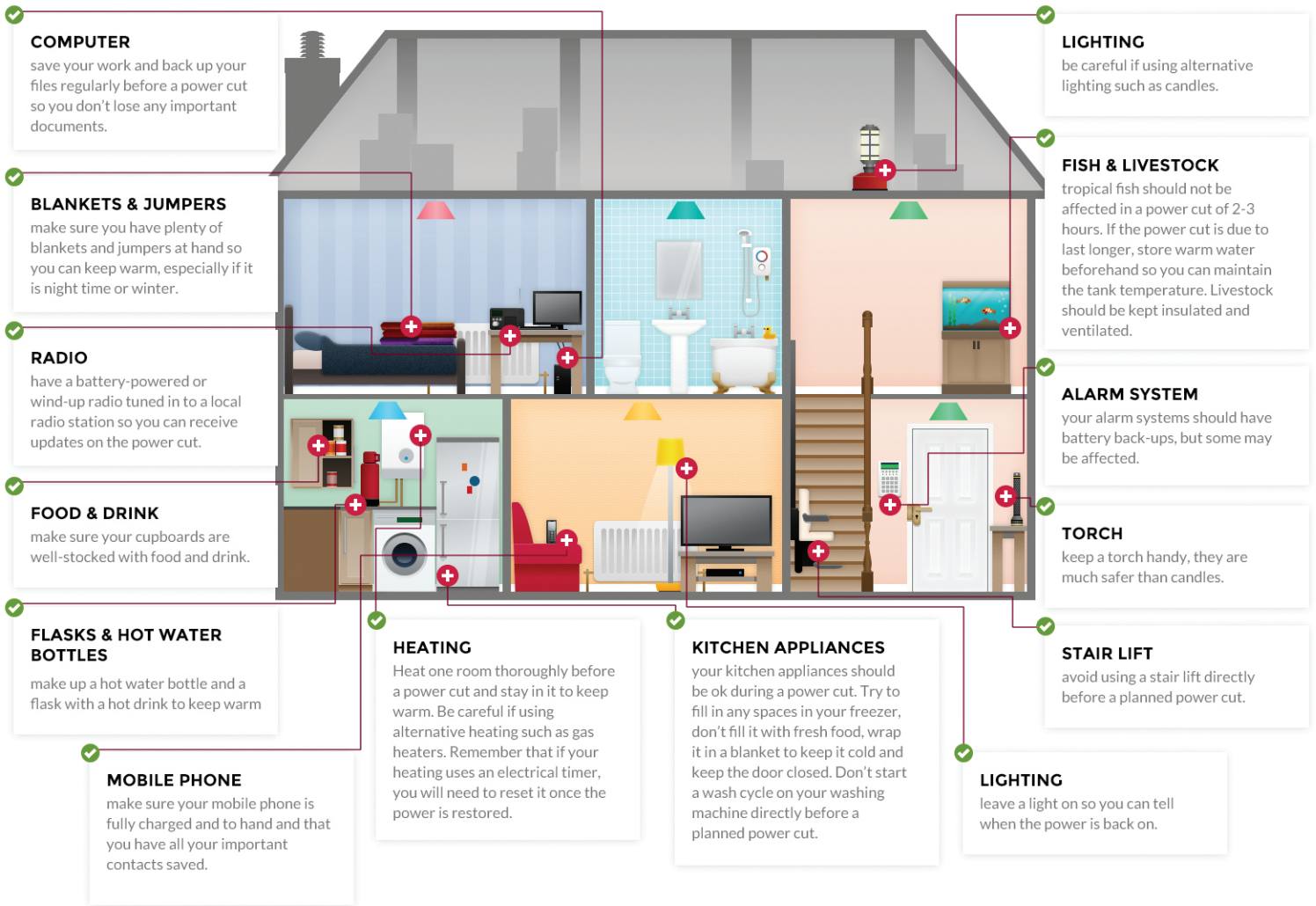


POWER CUTS ADVICE

If you have been informed of a planned power interruption or you think severe weather could cause a power interruption



CHECKLIST OF THINGS TO DO/BE AWARE OF

- ✓ HAVE A BATTERY-POWERED OR WIND-UP RADIO TUNED INTO A LOCAL RADIO STATION.
- ✓ MAKE A HOT WATER BOTTLE AND FILL A VACUUM FLASK WITH SOMETHING WARM.
- ✓ KEEP A TORCH HANDY - MUCH SAFER THAN CANDLES.
- ✓ MAKE SURE YOU WRAP UP WARM WITH EXTRA CLOTHES AND/OR BLANKETS.
- ✓ MAKE SURE YOU HAVE A CHARGED MOBILE TO HAND WITH ALL IMPORTANT NUMBERS STORED.
- ✓ ENSURE CUPBOARDS ARE STOCKED WITH FOOD AND DRINK.
- ✓ IF YOU HAVE A STAIR LIFT, AVOID USING IT DIRECTLY BEFORE A POWER CUT.
- ✓ KITCHEN APPLIANCES WILL BE OK DURING A POWER CUT.
- ✓ ONLY USE ALTERNATIVE FORMS OF HEAT OR LIGHTING IF THEY'RE SAFE.
- ✓ HOME AND FIRE ALARMS MAY BE AFFECTED DURING A POWER CUT.
- ✓ REGULARLY BACK-UP WORK AND IMPORTANT FILES ON YOUR COMPUTER BEFORE A POWER CUT.
- ✓ FISH AND LIVESTOCK MAY BE VULNERABLE DURING A POWER CUT.

IN AN EMERGENCY

If you need to contact us in an emergency, call us on one of our 24 hour emergency lines:



Northeast **0800 66 88 77**
or from a mobile **0330 123 0877***



Yorkshire **0800 375 675**
or from a mobile **0330 123 0675***